Fall Prevention Training for Professionals and Those who Work with Older Adults

Saturday, June 4, 2011
Jamestown Community College
Carnahan Theatre in the Katharine Jackson Carnahan Center
525 Falconer Street, Jamestown, NY 14702

Fees Include:
Full day Seminar, Handouts, Continental Breakfast and Lunch

Session Schedule (details next page)

I  8:00-10:00  The complex problem of falls among older adults
Presenters: Michele Karnes, Ed.D., MS, OTR and Theresa Vallone, Ed.D, MS, OTR
10:00-10:15  Break
II  10:15-11:15  Medication Management: Understand medication issues to help guide, coach, and refer older adults
Presenter: Denise Dunford, DNS, FNP-BC, APRN
III  11:15-12:15  Patient /Client Engagement and Self Management
Presenter: Patricia Podkulski, RN
12:15-1:15  Lunch
Brief presentation by the Community Health Foundation of Western and Central New York

IV  1:15-2:15  Simple techniques to assess the fall risk factors of older adults
Presenter: Raymond J. Hammel, PT, DPT, MS

V  2:15-2:45  Time, energy, and cost savings of effective assessment, triage & intervention
Presenter: Raymond J. Hammel, PT, DPT, MS

VI  2:45-3:00  Referral sources available in Chautauqua County (NY Connects)
Post-course assessment, concluding remarks

CEU information:
5.75 Contact Hours/.575 IACET CEUs/.575 NYSOP-PT CEU
7.18 OT PDU

Fee:
$99 with CEUs
$79 without CEUs

Assessment of Learning: Pre-test, Posttest, and Case study will be included.
Learning Partners has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102-2012, (703) 506-3275. In obtaining this approval, Learning Partners has demonstrated that it complies with the ANSI/IACET 1-2007 Standard which is recognized internationally as a standard of good practice. As a result of their Authorized Provider membership status, Learning Partners is authorized to offer IACET CEUs for its programs that qualify under the ANSI/IACET 1-2007 Standard. NBCOT recognizes ANSI/IACET CEUs for (re)certification of occupational therapists and occupational therapy assistants. IACET CEUs are also recognized by the American Nurses Association, National Association of Social Workers, and other professional bodies.
*Check with your own professional board to determine acceptance of the IACET CEU.

Learning Partners has received approved provider status by the New York State Office for the Professions and is designated as an approved provider of continuing education course work for physical therapists and physical therapist assistants.

Online Registration:
www.learningpartners2.com
Paper registration next page
For more information, contact NY Connects at 716-753-4582. For CEU Information, please contact Learning Partners at info@learningpartners2.com or 716-807-2289.
This seminar is provided through support of the CHFWCNY.
Fall Prevention training For Professionals and those who work with older adults

I 8:00-10:00 The complex problem of falls among older adults
Presenters: Michele Karnes, Ed.D MS, OTR and Theresa Vallone, Ed.D, MS, OTR
Overview: New clinical guidelines for Prevention of Falls in Older Persons were released in 2010 and provide a basis for this introductory session. This session provides a comprehensive review of the research supporting specific assessments and strategies for identifying and reducing fall risk factors in older community-dwelling adults.
Upon completion, the learner will be able to:
1. Understand the complex geriatric problem of falls in community-dwelling older adults
2. Understand the outcomes as they relate to the older adult, the community, and healthcare system
3. Identify the triad of concerns that put an older adult at risk for falling
4. Understand the evidence that supports specific screenings and assessments
5. Understand the evidence supporting specific strategies to reduce or eliminate fall risk factors

II 10:15-11:15 Medication Management: Understand medication issues to help guide, coach, and refer older adults
Presenter: Denise Dunford, DNS, FNP-BC, APRN
Overview: Older adults comprise nearly 13% of the US population, yet, this group consumes 33% of all prescription drugs and at least 40% of over-the-counter medications. Frequently, this relationship contributes to falls, which are an under-recognized risk factor for greater morbidity and mortality.
Upon completion, the learner will be able to:
1. Identify the leading medications, individually and in combination, that contribute to falls
2. Understand the relationship between normal physiologic changes associated with aging which enhance medication effects
3. Consider strategies that will assist the older adult in remaining adherent to plans of care but that reduce their exposure to unnecessary pharmacologic actions and interactions

III 11:15-12:15 Patient /Client Engagement and Self Management
Presenter: Patricia Podkulski, RN
Overview: This session will provide information related to the stages of change involved with engagement in health promotion and maintenance activities, as well as the strategies to help facilitate this process.
Upon completion, the learner will be able to:
1. Understand the Stages of Change
2. Understand barriers to change and impact upon self management
3. Develop strategies to achieve client/patient engagement in health and environment with an emphasis on promoting healthy habits and self care

IV 1:15-2:15 Simple techniques to assess the fall risk factors of older adults
Presenter: Raymond J. Hammel, PT, DPT, MS
Overview: This session will provide information related to best practices for fall risk factor screenings, self-report methods, and simple testing for detecting specific risks in older community-dwelling adults. An interactive hands-on portion will include administration and documentation of simple fall risk screening tools.
Upon completion, the learner will be able to:
1. Understand about written self-report methods and “best practice” concepts for screening falls risk in community dwelling adults
2. Understand common standardized physical performance methods and “best practice” concepts for screening falls risk in community dwelling adults
3. Participate in a brief physical performance testing battery that is useful for screening for falls risk

V 2:15-2:45 Time, energy, and cost savings of effective assessment, triage & intervention
Presenter: Raymond J. Hammel, PT, DPT, MS
Overview: This session will provide information regarding developing a comprehensive fall prevention program, including best practices and sustainability of your program.
Upon completion, the learner will be able to:
1. Understand how time, space, money, and professional resources may be best utilized in comprehensive falls prevention programming.
2. Discuss “best practice” concepts for falls prevention programming
3. Discuss concepts of sustainability of falls prevention efforts within (and beyond) the medical provider/insurance model, including the roles of medical providers, community organizations, health & wellness industry professionals

VI 2:45-3:00 Referral sources available in Chautauqua County (NY Connects)
Presenter: Mary Ann Spanos, Director of Office for the Aging
The goal of this short session is to introduce resources for fall prevention programming

Registration Form Complete form and send with check to: Learning Partners, 14 Pine Court North, West Seneca, NY 14224

Name: ___________________________________________________________ $99 for CEU  $79 no CEU

Address: ____________________________________________________________

Home phone: __________________________ Work Phone/Cell: __________________________

Email: ____________________________________________________________

Profession: ___OT ___COTA ___PT ___PTA ___Nurse ___Social Work
___Other: _________________________________________________________

You must be PRE-REGISTERED to be guaranteed handouts/packet.

Cancellation Policy:
Learning Partners reserves the right to cancel a seminar if enrollment is insufficient; if so, learners will be refunded.

Registration Deadline:
June 1, 2011. No refunds after this date; full refunds minus a $10 fee will be given prior.